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Abstract: The COVID-19 epidemic has brought great challenges to China's economic and social development, including significant challenges to the management system of universities and colleges in China. In the context of the prevention and control of the novel coronavirus epidemic, the article deeply recognizes the challenges of the novel coronavirus epidemic to the school management system and the importance of deepening the consciousness of building a strong Chinese national community to jointly fight the epidemic. Therefore, in the prevention and control of the novel coronavirus epidemic, colleges and universities should adhere to the principle of combining ideological guidance with joint anti-epidemic practice. It is of great theoretical and practical significance to continuously enhance the consciousness of "Chinese nation community", improve the management system, and innovate the construction of campus culture.

1. Introduction

Chinese national community consciousness is group consciousness \cite{1}. To cast the common consciousness of the Chinese nation is not only the main line of the ethnic work in colleges and universities, but also the internal requirement of the fundamental goal and task of cultivating morality and cultivating talents of college students. As an important platform for exchanges, learning, communication and integration, and emotional identification between teachers and students of various ethnic minorities, colleges and universities play an important role in forming the consciousness of the Chinese national community, promoting the construction of the Chinese national community, and strengthening the education of national unity, and also assume an important functional position of educating people and talents for the Party and the country and inheriting the mission and task of the excellent traditional culture of the Chinese nation. The COVID-19 epidemic has brought unprecedented difficulties and challenges to Chinese universities. Therefore, it is of great theoretical and practical significance for Chinese universities to cope with the challenges and overcome the difficulties under the new coronavirus epidemic, and deepen their understanding of the importance of building a strong sense of community of the Chinese nation and
the way to think about it in the common fight against the epidemic.

2. Have a deep understanding of the challenges posed by the COVID-19 epidemic to the school management system

The COVID-19 epidemic has brought great difficulty to the epidemic prevention and control work of Chinese universities, and also brought unprecedented challenges to the management system of universities.

2.1. A challenge to daily management

The epidemic has broken the original calm life of the campus, and brought unprecedented challenges and tests to the daily management of Chinese colleges and universities. First of all, school is an important place for teachers and students’ daily teaching and life. The scope of school activities intersects with each other, and the personnel structure is relatively complex. Whether in terms of management content, management environment or urgency of management timeliness, the severe epidemic situation has made the daily management of Chinese colleges and universities show a trend of abnormal operation, which directly or indirectly causes the complexity and particularity of the daily management and epidemic prevention and control of colleges and universities. This has also brought many challenges and pressures to the epidemic management of Chinese universities. Secondly, the sudden epidemic is likely to cause a shortage of medical supplies in schools, which seriously threatens the health and life safety of teachers and students in colleges and universities in China. This series of problems has undoubtedly increased the difficulty and complexity of daily management in colleges and universities, and further deepened the difficulty of epidemic prevention and control in colleges and universities. Third, the subsequent epidemic has led to home isolation and home isolation of university teachers and students, and the epidemic prevention policy is mainly based on home and dormitory. However, different ethnic groups or north and south students have different eating habits, which has deepened the difficulty and complexity of daily logistics management in colleges and universities to a certain extent. Finally, in the face of the epidemic, the original emergency management and emergency institutions in colleges and universities are inadequate to a certain extent. For example, school logistics services are insufficient, meal funding logistics are not timely, epidemic prediction and analysis, epidemic prevention medical personnel, emergency equipment, public opinion guidance, and disposal measures are insufficient. On this basis, combined with the actual situation of epidemic prevention and control in universities, the emergency management work of epidemic prevention and control and the emergency management system and mechanism of the organization's internal structure and equipment should be effectively and continuously improved, and the advantages and advantages of emergency management should be continuously expanded to reduce the pressure and challenges of emergency management.

2.2. A challenge to teaching

In view of the impact of COVID-19 on the normal opening and classroom teaching of colleges and universities, Chinese colleges and universities have jointly implemented and guaranteed online teaching in colleges and universities, with the government as the lead, universities as the main body and society participating, in accordance with the Guiding Opinions on the Organization and Management of online teaching in colleges and universities during the Epidemic Prevention and Control Period issued by the Ministry of Education on February 4, 2020. Achieve "uninterrupted teaching, uninterrupted suspension of classes". Our country actively carries out network teaching,
showing teachers and students all kinds of high-quality course teaching resources, optimizing the use of modern technology platform software to carry out teaching, opening up the transformation of college teachers and students from traditional teaching to modern science and technology teaching, and enriching the teaching thinking mode of college teachers and students, but there are also many teaching process problems in network teaching. For example, teaching flexibility and platform fluency are insufficient. Therefore, as a teaching rescue measure under the new coronavirus pneumonia epidemic and a way to make up for traditional teaching, the network teaching mode has made up for the teaching gap of "uninterrupted class suspension" in the special period to a certain extent, but its exposed drawbacks are also an important link that cannot be ignored by major universities across the country. Different teachers use different online teaching platforms (such as Tencent, Dingding and other teaching platforms) in the teaching process, such as lack of flexibility, network instability, abnormal loading and refreshing, noisy lectures, etc., which undoubtedly directly affects the teaching effect and emotion of teachers and students. Secondly, the development of network teaching mode affects the operability of network teaching platform and the teaching inertia thinking of college teachers to a certain extent, and also tests the transformation of college teachers from traditional teaching concepts to modern technology education teaching methods.

2.3. Psychological challenge to teachers and students

Since the outbreak of the novel coronavirus pneumonia epidemic, universities across the country have resolutely adopted the strictest epidemic prevention and control measures, implementing home isolation and home isolation systems for teachers and students, effectively reducing personnel flow and curbing the further spread of the virus. At the same time, the long incubation period and fast transmission speed of the novel coronavirus have accelerated the changes in the psychological state of teachers and students to a certain extent (such as interpersonal barriers, increased negative emotions such as anxiety and depression, and worries about academic performance assessment). The psychological challenges of the COVID-19 epidemic on teachers and students in Chinese universities are mainly reflected in the following aspects: First, the teaching and academic pressure faced by teachers and students in universities is more arduous and heavy than before. Although online teaching has been carried out during the epidemic prevention and control period, it still cannot replace offline classroom teaching due to problems such as the inability of teachers and students to communicate face-to-face. In order to do a good job in epidemic prevention and control, most university staff work from home, and most students study in residential areas. To a certain extent, these unfavorable factors intuitively affect the learning effect of students, and gradually evolve into academic pressure. Secondly, affected by the epidemic, some teachers and students may relax teaching tasks and learning progress, especially students are easy to relax learning, addicted to online games and unable to extricate themselves, and even have negative emotions due to game failure, which increases the sense of alienation and indifference to the real world, aggravates the psychological pressure on teachers and students, and also increases the mental health needs of teachers and students.

3. The joint fight against the epidemic deepens the understanding of the importance of building a strong sense of community of the Chinese nation

The sudden outbreak of the new coronavirus epidemic in China has put the busy scene of cities and towns all over China on hold, and has seriously hindered and challenged the normal order of production and life and economic and social development in China. The CPC Central Committee and The State Council attach great importance to the high-level work of epidemic prevention and control across the country, and immediately set up a joint expert group of The State Council to
assist and guide universities in epidemic prevention and control. Under the guidance of the Joint Prevention and Control expert Group of The State Council and with the help of the medical team for Tibet, Party organizations in Chinese universities at all levels, staff members of various ethnic groups and student volunteers have actively participated in the anti-epidemic work, coordinating with the expert group and medical team to carry out epidemic prevention and control work in an orderly manner. I thank the Party and the state for caring for teachers and students in universities in the process of jointly fighting the epidemic.

3.1. Deepen understanding of the superiority of the socialist system

Strengthening the Party's leadership under the COVID-19 epidemic is a magic weapon to win the people's war, the general war, the war of annihilation, and the war of interception. The centralized and unified leadership of the Party is the greatest advantage of the socialist system of socialism with Chinese characteristics [2]. In this grim battle of epidemic prevention and control, Party organizations and Party members at all levels of Chinese universities have played a pioneering and exemplary role, tempering their party spirit in fighting the epidemic, and building a strict defense line for campus anti-epidemic work with their own actions. The greatest institutional advantage of the Party's leadership is not imagined, but built by hundreds of millions of Party members who remain true to their original aspiration, serve the people selflessly, and give full play to their pioneering and exemplary role. In the fight against the epidemic, every Party member has contributed his or her share to epidemic prevention and control with his or her own actions, serving as both a fortress and a pioneer. Pooling resources to accomplish major tasks is a significant advantage of the socialist system. Since ancient times, the spirit of collectivism and patriotism of the Chinese people has been engraved in the hearts of every Chinese and flows in the blood of the Chinese nation. Under the guidance of the socialist system, individual interests and national interests are closely linked, and individual interests coexist with social interests, national interests and the interests of the Chinese nation. This has consolidated the great strength and spirit of the Chinese people in fighting the epidemic together, and deepened the important understanding of China's socialist system among people around the world.

3.2. Deepen understanding of the modernization of governance system and governance capacity

Since the outbreak of COVID-19, the Party and the state have shown strong political determination and outstanding leadership in the face of the epidemic, comprehensively strengthening the Party's centralized and unified leadership in epidemic prevention and control, adhering to the concept of universal combat, scientific prevention and control, and targeted policies, and coordinating all parties and social forces to fight the epidemic. We have made a major strategic decision to fight, prevent and defeat the epidemic. Facts have proved that in the face of major global public health security incidents, China has fully demonstrated the "people-centered" value orientation and always put people's life safety and health first. Government departments at all levels mobilized, connected, organized and united the masses to fight the epidemic, which vividly demonstrated the institutional advantages of the people's active participation in social governance. In order to cope with the challenges of the epidemic, the Central Committee of the Communist Party of China has unified deployment, local to achieve overall coordination, overall management, and give full play to the national spirit of solidarity and mutual assistance "one party in trouble, all parties support", focusing on doing great things, collecting the strength of the people of the whole country, collecting the strength of all parties under the centralized unified leadership. Form a powerful force to promote national governance and fight the epidemic. It deeply embodies the
superiority of our country's top-down system from the central to the local. At the same time, as the pressure on universities to prevent and control the epidemic has increased sharply, an inspection team composed of the national joint prevention and control working group and the local government epidemic prevention and control working group has been stationed in universities to guide the epidemic prevention and control work. We will deepen the modernization of the prevention and control system in universities and improve their internal structure and management.

3.3. Deepen the understanding of strengthening national unity education

The COVID-19 epidemic has brought risks and challenges to the daily education service management of colleges and universities to a certain extent. Under the epidemic prevention and control plan, teachers and students of colleges and universities across the country have taken measures such as home isolation, residential isolation, and regular nucleic acid. They have united as one to fight against the epidemic, and have used their own actions to build a strong national unity and strengthen the epidemic prevention and control network and safety line, demonstrating national unity. Let the flower of national unity bloom on the road of fighting the epidemic. In order to alleviate the pressure of epidemic prevention and control and block the epidemic, university teachers and students took the initiative and volunteered to participate in the campus epidemic prevention posts, taking on the responsibility of delivering meals and supplies for the school teachers and students, and even some teachers and students volunteered to serve as the floor leaders and other important epidemic prevention posts to ensure the daily life of teachers and students and create a comfortable learning and living environment. At the same time, a series of help work has been carried out to make the epidemic prevention work strong, serve and educate people with temperature, and contribute to blocking the epidemic, doing a good job in prevention and control, and winning the campus epidemic prevention and control war. When one side is in trouble, the spirit of national unity supported by all parties helps universities gather strong forces to fight the epidemic together. People of all ethnic groups in China share the same fate, weal and woe, and fight the epidemic together. Like a pomegranate seed, they have embraced each other tightly, and gathered the great strength of ethnic unity, solidarity, mutual help and common fight against the epidemic.

4. Thinking on the way for colleges and universities in Tibet to forge a sense of community of the Chinese nation against the background of the epidemic

In the context of the prevention and control of the novel coronavirus epidemic, Chinese colleges and universities have forged a sense of community of the Chinese nation, and actively guided teachers and students of all ethnic groups to firmly establish a community concept of sharing weal and woe, sharing life and death, and sharing destiny in the solidarity against the epidemic. The following is a preliminary exploration and elaboration on the path of colleges and universities to forge a strong sense of community of the Chinese nation under the background of epidemic prevention and control from the following three aspects.

4.1. Strengthen the "five identities" and lay a solid ideological foundation for the Chinese nation's sense of community

The outbreak of the epidemic has brought an unprecedented test to the governance ability of Chinese universities. In the face of the epidemic, the Party and the state have demonstrated their responsibility as a major country and the country's comprehensive strength, coordinating all forces and resources to help universities and colleges fight the epidemic and overcome difficulties together.
Ethnic unity education in colleges is an important guarantee for forging a solid sense of the Chinese ethnic community among college students of all ethnic groups [3]. Therefore, Chinese colleges and universities should unite to fight the epidemic, strengthen ethnic unity, and gather strong forces: on the one hand, teachers, students and party members from different ethnic groups formed different volunteer teams to contribute manpower and provide spiritual guidance for the prevention and control of the epidemic on campus, demonstrating China's strength, China's spirit, and the cohesion and centripetal force of the Chinese nation. On the other hand, in the prevention and control of the epidemic, teachers and students of different ethnic groups who do not know each other are closely connected, which effectively improves the path of communication and integration of all ethnic groups, promotes the close unity of all ethnic groups, and gathers the great strength of the Chinese nation in fighting the epidemic. At the same time, it also laid a solid practical foundation for the transformation of the consciousness level of the Chinese national community to the entity construction level of the Chinese national community in the post-epidemic period.

4.2. Improve the management system, highlight humanistic care, and enhance the psychological identity of the Chinese nation's community consciousness

During the epidemic prevention and control period, Chinese universities continued to strengthen their weaknesses, consolidate the foundation, enhance their advantages, improve their internal structure, and optimize their management systems and mechanisms. Humanistic care for teachers and students should be emphasized in management, and the daily supplies of teachers and students should be guaranteed in daily life. In the process of epidemic prevention and control, a series of themed activities on ethnic unity education were carried out; Practice in teaching colleges and universities should establish a student-centered education philosophy, integrate the self-improvement methods of traditional Chinese culture into psychological education work, combine with classroom teaching, cultural activities, consultation and intervention, and teacher team construction, innovate psychological education methods, guide students to develop correct living habits and values, cultivate students' comprehensive development and positive personality, and safeguard the psychological health and growth of college students [4]. Therefore, the method of combining modern high-tech and traditional management mode is adopted to strengthen patrol, monitoring and management, take school teachers and students' family life as a unit, further do a good job in emergency coordination, make new predictions and improvement measures, and provide correct guidance and action guidance.

Secondly, establish and improve the emergency management teaching supervision and assessment mechanism. Strengthen the diversification of network teaching forms, promote the interest cycle interaction between teachers and students, improve the quality and effect of network teaching, and promote the combination of teachers' classroom teaching advantages and network teaching advantages. Therefore, teachers can clearly grasp the multidimensional dynamic progress of students' learning progress, learning dynamics, learning mentality and so on, and then timely adjust the teaching form, optimize the teaching method, and improve the teaching quality and teaching effect. Conduct two-way attendance assessment for teachers and students in an orderly manner. Students should take learning situation, academic performance, teacher-student interaction, homework completion rate as the evaluation criteria, teachers should take teaching quality, teaching method, teaching content, teacher-student interaction, student satisfaction as the evaluation criteria, and give different punishments to teachers and students according to different evaluation results.

4.3. We should innovate the elements and ways of campus culture construction, strengthen practical exercises, and firmly cast the consciousness of Chinese nation community in practice

At the time of strict prevention and control of the epidemic, Chinese universities and colleges
built a common spiritual home of the Chinese nation in solidarity against the epidemic, so that teachers and students of all ethnic groups were united and interdependent in spirit, forming a strong spiritual bond of cohesion and unity, constantly innovating elements and methods of campus culture construction, giving full play to the leading role of online and online campus culture diversity, and building a communication platform for teachers and students. The school Youth League Committee, Youth Volunteer Association and other departments take the lead to carry out multi-form online activities, video evaluation activities such as anti-epidemic stories, and set up rich prizes to encourage more teachers and students to participate in the activities. Enrich the multi-elements and multi-ways of campus culture construction under the epidemic.

During the epidemic prevention and control period, university teachers and students actively cooperated with the university's epidemic prevention and control work, voluntarily participated in the frontline positions of the epidemic prevention and control work with their own actions, made outstanding contributions to the campus epidemic prevention and control work, interpreted the great spirit of patriotism and anti-epidemic spirit with their actions, deepened and strengthened ethnic unity in the practice of anti-epidemic, and effectively promoted the path of communication and integration between teachers and students of different ethnic groups. In the construction of campus culture, the community consciousness of the Chinese nation should be firmly forged in different ways. In the process of carrying out campus cultural activities, the advanced deeds of solidarity against the epidemic will be well spoken, the Party's theories and policies of ethnic solidarity will be combined with the vivid practice of anti-epidemic, and deeply integrated into teachers and students' daily learning and cultural exchange activities. In the solidarity against the epidemic, patriotic education will be strengthened, spiritual civilization guidance will be strengthened, and the Chinese spirit will be carried forward.

5. Conclusion

Although the COVID-19 epidemic has brought severe tests and challenges to the various work of Chinese universities, it has also enabled the teachers and students of Chinese universities to deepen the emotional integration, national identity and psychological identity among various ethnic groups in the epidemic prevention and control work. In the process of fighting the epidemic together, the concept of unity among the Chinese people of all ethnic groups has long been deeply rooted in the hearts of the people. This is the most valuable wisdom and wealth left to us by the 5,000-year history of the Chinese nation, and it is also a majestic force for realizing the great rejuvenation of the Chinese nation.

References